

-A.C.D.A.-
American Christian Defense Alliance Inc.
(Maryland Division)

-Seisho Ryu Ninjutsu-

Belts White-Black Overview....

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White Belt.

1. Spiritual refinement [Focus is on Holiness, Light & Sanctification onto the Lord]
2. Essay -What does becoming a member of SRN mean to you.
3. Historical Perspectives
4. Postures- Ichimonji No Kamae, Hira No Kamae (wind), Rei No Kamae (bowing)
5. Rolls and Brakefalls
6. The Compass Method
7. Step back drill -Avoid
8. Striking and Blocking - Daken Taijutsu , learn how, focus training.
9. Basic kicks
10. Combination Striking
11. Grappling, Choking and escaping the holds of others - learn the way the body moves. -
Ju Taijutsu- Tehodoki (wrist escapes)
12. Three personalized ninjustic techniques.
13. 120 hours of nin training.

Green Belt. . . .

1. Intermediate Spiritual Refinement [Focus is on Spiritual Growth]
2. Historical Perspectives
3. Introduction to Survival
4. Postures - all- Flowing posture drill
5. Intermediate movement -Taihenjutsu-
6. Advanced Rolls - Ukemi Waza
7. Learn and Identify three ranges of attack.
8. Intermediate striking skills
9. Beginning grappling - escaping techniques on the ground.
10. Learn Five Kihon Happon Techniques with w. mindset
11. Traditional Ninjutsu Sanshin no Kata -Chi No Kata (Earth)

Red Belt. . . .

1. Advanced Spiritual Refinement [Focus is on Forgiveness & Harmony]
2. Historical Perspectives
3. Advanced Postures -SRN Wind Mindset
3. Advanced Movement -Balance attacks- you need not attack the whole body!
4. Tradition Ninjutsu Sanshin no Kata -Fu no Kata
5. Advanced Striking Skills (Daken-Taijutsu)
6. Intermediate Grappling (Pin Outs)
7. Intermediate Survival - all three levels
8. Intermediate Traps
9. Introduction to the Hanbo
10. Introduction to Knives / Fighting
11. Introduction to Metsubushi -The Blinding Agent-
12. Introduction to the Blowgun
13. Introduction to Stealth
14. Introduction to Sentry Removal -As a demonstration of the practical aspects of stealth

Blue Belt. . . .

1. Advance Spiritual Refinement [Focus is on Faith & Hope]
2. Environmental Concerns -The Day After Tomorrow
3. Historical Perspectives
4. Introduction to Strategy
5. Review Past Three Belts
6. Taijutsu -SRN Style
7. Traditional Ninjutsu Sanshin no Kata -Sui No Kata
8. Advanced Grappling (Ju-Taijutsu)
9. Advanced Survival
10. Intermediate Traps
11. Intermediate Knife / Fighting
12. Intermediate Blinding Agent
13. Intermediate Blowgun
14. Intermediate Hanbo
15. Intermediate Stealth
16. Intermediate Sentry Removal
17. Introduction to the Shuriken
18. Introduction to the Net / Fighting
19. A Mock Mission -Getting it Done ! Confidence in yourself, in God. Philp. 4 :13

Purple Belt.

1. Advanced Spiritual Refinement [Focus on Confidence in Christ with Humility]
2. Introduction to Firearms -Md. Hunter's Safety Course
3. Historical Perspectives -Compare Hollywood with Reality
4. Taijutsu -SRN Fire (ka)
5. Traditional Ninjutsu Sanshin no Kata -Ka no Kata
6. Advanced Taihenjutsu - Randori (free style)
7. Grappling -Randori (free style)
8. Advanced Hanbo
9. Advanced Traps
10. Advanced Stealth
11. Advanced Blowgun
12. Advanced Blinding Agent (Metsubishi)
13. Advanced Knife / Fighting
14. Intermediate Net / Fighting
15. Intermediate Shuriken
16. Introduction to the Sword
17. Introduction to Bow / Arrow
18. Introduction to the Weighted Chain

Brown Belt.

1. Advanced Spiritual Refinement [Focus is on Enduring in Christ]
2. Environmental Concerns -Plant three trees
3. Intermediate Strategy
4. Introduction to Surveillance/Counter-Surveillance
5. Historical Perspectives -Your story of becoming a Seisho Ryu Ninja
6. More Taihenjutsu -Drills & Leaping Skills
7. Taijutsu -Randori (Free Style) / Fire & Void
8. Strangulations
9. Advanced Net / Fighting
10. Advanced Shuriken
11. Intermediate Sword
12. Intermediate Bow / Arrow
13. Intermediate Firearms
14. Intermediate Weighted Chain
15. The Mission

Black Belt. . . .

1. Advanced Spiritual Refinement [Focus is on Spiritual Warfare]
2. Environmental Concerns -Clean Up
3. Advanced Strategy
4. Introduction to Surveillance/Counter-Surveillance -Overview
5. Historical Perspectives -The book that started it all
6. Advanced Sword [Kenjutsu]
7. Advanced Bow / Arrow
8. Advanced Firearms
9. Advanced Weighted Chain
10. Old Principles. . . .New Creations

**IN EVERYTHING GIVE THANKS TO GOD THROUGH CHRIST JESUS OUR
LORD !**